# Introduction to the neuronal basis of consciousness

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# Aims

- To give a background of consciousness research (Dehaene 2011, Boly 2013, Tononi 2015)
- To provide food for thoughts towards final projects
  - No-report paradigms
  - Empirical testing of IIT

### Topics

- I. neurons and their connectivity
- 2. a brief remark on the history of consciousness science
- 3. levels of consciousness
- 4. contents of consciousness = qualia and the Hard problem break
- 5. no-report paradigms
- 6. integrated information theory

# I. Neurons



Cell body Axon Dendrites

Synapses

Excitatory vs Inhibitory

Spikes









1. <u>Video 2: 3D visualization of the YFP-expressing neuronal circuit elements from pial surface to the thalamus in the intact Thy-1:eYFP mouse brain (16 weeks old) shown in Fig. 2. (11,386 KB, Download)</u>

Fly-through animation of the 3D volume data (2,037 Å~ 1,694 Å~ 3,405 µm; step-size=1.976 µm) illustrates visualization of all layers of cortex, the hippocampus, and the thalamus without degradation of resolution at depth. 1p excitation (514nm) and a 10Å~ objective (NA 0.3, WD 3.6 mm) were used.

# Important numbers

- In total 10<sup>^</sup> neurons.
- One neuron receives inputs from ~10^ other neurons
- Most connections are with neighboring neurons. A minor proportion of axons go outside of the local region
- % of synapses is excitatory (Binzegger et al 2009 Neural Networks)
- Cerebellum times more neurons than in cerebral cortex (Herculano-Houzel et al 2012 PNAS)

# Important numbers

- In total 10<sup>1</sup> neurons.
- One neuron receives inputs from ~10^3 other neurons
- Most connections are with neighboring neurons. A minor proportion of axons go outside of the local region
- 80% of synapses is excitatory (Binzegger et al 2009 Neural Networks)
- Cerebellum 4 times more neurons than in cerebral cortex (Herculano-Houzel et al 2012 PNAS)

## Methods









#### 2. A brief history of the consciousness research

Phenomenology Gestalt psychology

~1920

~1900



~1960

Cognitive revolution

~1990

Consciousness research

Neural correlates of consciousness

• A selected list of the breakthroughs in the last 25 years of consciousness research (Boly et al 2013)

- Understanding of the neural mechanisms that regulates levels of consciousness
- Limits and scopes of non-conscious processing; its neuronal correlates; and its behavioral consequences
- Relationship between consciousness per se and cognitive processes that supports it

# In what sense do we use the word "consciousness" and "awareness"?

## Commonsense definitions of "consciousness"

- Level of consciousness (as opposed to coma, anesthesia, dreamless sleep)
- Contents of consciousness (e.g., redness of red, pain, thoughts)
- (Self consciousness)

# Contrastive approach

- Compare the neural activity that accompanies "conscious" and "unconscious" X
  - X can be states, perception, motor planning, intention, emotion, ....

#### 3. level of consciousness

#### Level and Content of consciousness vs behavioral signs of consciousness



Vigilance (awake behavior, eyes open)

Boly et al 2013 Frontiers in Consciousness Research

#### During loss of consciousness, brain can be very active!



Nir & Tononi 2010 TICS

#### Reduced metabolism during loss of consciousness

#### Slow-wave sleep



Vegetative state



#### Breakdown of global connectivity as a key for loss of consciousness



Massimini et al 2005 Science







#### Breakdown of global connectivity as a key for loss of consciousness



Casali et al 2013 Science Trans Medicine

# 4. contents of consciousness = qualia and the Hard problem





#### Hard Problem of consciousness



The problem of consciousness: Is it really Hard? Integrated information theory of consciousness (Tononi 2004 BMC)

# What do I mean by a quale of a yellow dot?

#### Motion-induced blindness (Bonneh, Cooperman, Sagi 2001 Nature)



#### Broad- vs. Narrow- sense qualia



Broad sense: These two experiences are different qualia.

Narrow sense: The redness of the disks refers to the same quale.

#### Kanai & Tsuchiya 2012 Current Biology
### The powerful NCC paradigm

- Keep sensory stimuli constant; use perceptual thresholds or ambiguous stimuli
- Manipulate or obtain variable reports
- Find the neural activity that correlates with consciousness
  - Contingent on reports!

# Trying to find the NCC with binocular rivalry



### Blake & Logothetis 02 Nat Rev Neuro



Logothetis 98 Phil Trans









#### Dehaene 2006 TICS

- But, does it explain conscious experience? (qualia in a broad sense)
- Are we studying contents of consciousness per se? Or are we confounding NCC with attention, working memory, and report/access?

### Change Blindness



Rensink et al 1997 Psych Sci, Simons & Rensink 2005 TICS Change blindness makes us realize how little we can be aware of our surroundings.

Like a lamp in a refrigerator?

Are these illusions really useful in capturing the essential features of conscious experience?









# Was there any difference between the two?

What do we see at periphery?

### Which one contains an animal?



What do we see at periphery?

### Which one contains an animal?



What do we see at periphery?

### Which one contains an animal?







#### Conscious

### Recent debates

- Do we perceive more than we can report? (e.g., broadsense qualia, texture, animal outside of attention)
- Is there conscious perception without top-down attentional amplification?
- Is report always necessary and critical to study consciousness? (e.g., change detection, frontal-parietal amplification)
- Is introspection/metacognition critical for experience?
  Is consciousness only experienced by humans?

## Why does it matter?

- Behaviorist **vs** Phenomenologist
- 3rd person **vs** 1st person
- Artificial Intelligence **vs** Artificial Consciousness
- Extrinsic Information **vs** Intrinsic Information
- Report paradigm **vs** No-report paradigm
  - To be continued ....

• BREAK!

# 5. No-report paradigm

Which of 1-4 best describes your opinion about the usages of "reports" in consciousness research?

## To understand the neural basis of **conscious experience**:

1) behavioral **reports** from subjects are really **essential** and always **necessary**.

2) **reports** are not always necessary, and they may be **harmful**.

3) not interested in conscious experience.

4) other





#### Conscious



Aru et al 2011



Aru et al 2011

- What are the processes that
  - preceding conscious experience?
  - following conscious experience?

#### Detected sound

#### Non-detected sound



### NCC-pr? What about NCC-co?

Functions of conscious phenomenology?

- Flexible access and selective use of incoming information retained for a long period in working memory, for a better and longer term planning?
  - implying attention, working memory and access/report as critical functions of consciousness?





Dehaene, Kerszberg & Changeux 1998

Baars 1989

# Relationship between top-down attention and consciousness?

- Attention without consciousness?
- Consciousness without attention?
- Dissociable/opposing behavioral/neural effects of attention and consciousness?

### Motion-induced blindness (Bonneh, Cooperman, Sagi 2001 Nature)



Opposing effects of C and A on afterimages Attentional effects on invisible targets

### Unconscious working memory



### Soto & Silvanto 2014 TICS

### Unconscious working memory



Performance and BOLD on 1-rating unaware trials

Unconscious addition, subtraction, reading ... Soto & Silvanto 2014 TICS

# Functions of conscious phenomenology?

- Can biology understand something that (may) have no (apparent) direct functions?
- Attention? (Lamme 2006, Koch & Tsuchiya 2007)
- Working memory? (Soto & Silvanto 2014)
- Detection of abnormality? (Mudrik 2011 Psych Sci)
- Access/Report?
  - Accessible and reportable contents of consciousness seem very useful...
### What about report/ access?



Consciousness research

~1990

Neural correlates of consciousness





Frontal and parietal activity/integrity is critical for consciousness Rees, Kreiman, Koch 2002 Nat Rev Neuro Zaretskaya & Narinyan 2014 Frontiers

Bor & Seth 2012 Frontiers

"Consciousness cannot be separated from functions" Cohen & Dennett 2011 TICS

## Frontal & parietal involvement in visual perception (?)



## Known properties of binocular rivalry

- Cannot be stopped by attention, training, efforts, etc
  - > highly automatic and vivid
  - > require no report
- Under optimal conditions, eye movements highly correlates with the contents of consciousness



Eye movements can be used to infer the contents of rivalry

#### Frassle et al 2014 J Neurosci



Frassle et al 2014 J Neurosci

-slow phase

-- baseline

button press

16

#### No-report diminishes the involvement of frontal areas!



#### Frassle et al 2014 J Neurosci

What aspects of binocular rivalry do the frontal activity reflect?



#### Knapen 2011 J Nsci

#### Genuine rivalry > Instantaneous (poor) replay



#### Knapen 2011 J Nsci

#### Genuine rivalry > Instantaneous (poor) replay



#### Genuine rivalry > Duration-matched (good) replay



Knapen 2011 J Nsci

If reports are not required, or if difficulty in reports are equated, activity in frontal areas becomes similar during binocular rivalry and replay.

## Microscopic effects of report-related confound

A

#### Generalized Flash Suppression Task



A

#### **Generalized Flash Suppression Task**

#### **Experimental Conditions**



R



Time since Surround Onset (ms)

Under the report-based condition, alpha/beta range in LFPs (Pulvinar, V4, V2, V1) & spikes (in Pulvinar & V4) were identified as "the NCC"



Under the report-based condition, alpha/beta range in LFPs (pulvinar, V4, V2, V1) & spikes (in pulvinar & V4) were identified as "the NCC"

Under the no-report condition, only spikes (in pulvinar & V4) were identified as "the NCC"

#### **Report-based**

#### **No-report**

#### Underestimation of NCC

### Overestimation of NCC

Prerequisites & consequences of NCC (Aru 2012)

Tsuchiya, Wilke, Frassle, Lamme (under review)

#### **Report-based**

#### Underestimation of NCC

## Overestimation of NCC

Prerequisites & consequences of NCC (Aru 2012)

Inclusion of nonconscious processing

Tsuchiya, Wilke, Frassle, Lamme (under review)

Report- or attentiondependent experience

#### **No-report**

#### **Report-based**

#### Underestimation of NCC

???

#### Report-dependent experience (?)

**No-report** 

### Overestimation of NCC

Prerequisites & consequences of NCC (Aru 2012)

Inclusion of nonconscious processing

Tsuchiya, Wilke, Frassle, Lamme (under review)

Can report accurately reflect what we consciously see?

- Can you remember 8 objects in details?
- After a fixation, an array of 8 objects appear.
- Then, another array appears.
- Can you detect a **change** or **no change**?



Sligte et al 2010 Frontiers

#### Ready?











#### Was there a change in the cued location? Yes or No!

#### What was the item before the change happened?

# 1 2 3 4

We feel like we saw an array of items vividly.

At the same time, we can't remember and report what we saw.

-> Is it possible that we actually do NOT experience it consciously until proper attention and exceptions is allocated to an item so that it enters into working memory?










#### Was there a change in the cued location? Yes or No!

#### What was the item before the change happened?

# 1 2 3 4









- When we try to remember and report, only 1 item can be reported and its change detected. This leads to "impoverished" view of consciousness and "illusory" view of rich phenomenology.
- Partial report paradigm allows us to estimate more directly the capacity of initial phenomenology
- Failure of reports reflects visual interference (e.g., superposition of stimuli) that can be protected only with attention and working memory.

### Conclusions

- No-report paradigms reveal over- and underestimation of the neural correlates of consciousness
- This situation is largely due to a behavioristic thinking about conscious phenomenology from the functional perspective
- Need a revision of the way to attack the problem of neural basis of conscious phenomenology

- Starting from phenomenology, and search for the physical substrate that supports the central properties of phenomenology
- Combine no-report and report-based paradigms!
- With complete no-report paradigms, we can study ...
  - Why do we lose consciousness under anesthesia and dreamless sleep? (are we really?) What aspects of neural activity are lost under loss of consciousness?
  - Why is our auditory qualia different from visual qualia? What neural substrate supports the difference? What are the critical phenomenological difference between the modalities?

### 6. integrated information theory

# Integrated information theory of consciousness

- Starts from phenomenology, identifies five essential properties of conscious experience (1. existence, 2. composition, 3. information, 4. integration, 5. exclusion)
- Tries to translate the axioms into how these axioms can be supported by the physical mechanisms

Tononi 2004, 2008, Oizumi et al 2014 PLoS Comp Bio

### Integrated information theory

- I : information
- O : integration
- (phi) : integrated information



Guilio Tononi

Integrated information theory

- I : information
- O : integration
- (phi) : integrated information



Guilio Tononi

### Two kinds of information Intrinsic vs Extrinsic

Tononi 2010 Acta Ital

### Photodiode thought experiment



Single photodiode

l bit



Conscious

Brain

### 10^11 neurons - 10^11 bits

Information

### Photodiode thought experiment



Unconscious (?)

Digital camera



Conscious

Brain

### Integrated information

(Balduzzi and Tononi, 2008)

### IIT explains...

 why a thalamo-cortical system generates consciousness while cerebellum, retina (afferent), and motor systems (efferent) do not



### IIT explains...

 why two consciousness emerge when a brain is split into two.





### IIT predicts ...

 waking brains would maximally integrate information (indirectly supported by TMS-EEG experiments)



Massimini et al 2005 Science









Casali et al 2013 Science Trans Medicine

#### Advantages of conscious system with phi>0?



### IIT predicts ...

- that overall amount of integrated information (phi) corresponds to levels of consciousness
  - Oizumi et al ASSC 2011 under review
    Cohen et al ASSC 2013, in preparation
- that that a collection of phi's computed from local neuronal populations maps onto contents of consciousness (phenomenology)
- >>> Compute phi to directly test these predictions!

### Conclusion

- New measure for integrated information based on mismatched decoder
- Integrated information computed from ECoG data filtered around 8-24 Hz show decrease at the onset of anesthesia and increase at the recovery

What kind of physical mechanisms can support conscious phenomenology?

### consciousness is intrinsic







#### Leopold & Logothetis 1999 TICS



Nir & Tononi 2010 TICS

### consciousness is informative



## consciousness is integrated and composed of various aspects



### Essential properties of conscious phenomenology

- Intrinsic

- -usion of neural mechanisms what kind of neural mechanisms what kind of these properties? can support these properties

### Conscious experience : Hierarchical structure?

Note: each level is not reducible to lower levels!



Previous related approaches in neuroscience

- "Extrinsic information" approach in neuroscience
  - I(X;S) = H(S) H(S|X)

S





### Previous related approaches in neuroscience

• But, concsiousness is "intrinsic"!



#### Previous related approaches in neuroscience

- Composition and integration
  - Distributed representation. Bounded percept and unified experience
  - Synchrony, coherence, oscillation, etc



### Integrated information theory

- Intrinsic information:
- Integration:
- Composition:
- Exclusion





Infer the **previous** state from the knowledge of the **present** state.

$$I(X^{t-\tau}; X^t) = H(X^{t-\tau}) - H(X^{t-\tau} | X^t)$$

mutual entropy conditional information

(Balduzzi and Tononi, 2008)

### What is *intrinsic* integrated information?



Infer the **previous** state from the knowledge of the **present** state.

$$I(X^{t-\tau}; X^t) = H(X^{t-\tau}) - H(X^{t-\tau}|X^t)$$

How much information would be lost when we infer the previous state based only on the knowledge of the parts.

$$\phi = I(X^{t-\tau}; X^t) - \sum_i I(M_i^{t-\tau}; M_i^t)$$

Balduzzi & Tononi 2008, Barrett & Seth 2011, Oizumi et al 2015 Arxiv

### H (possible states)

#### I (constrained states)

Phi (how an integrated system constrain its states)
- Hypothesis:
  - Structure of integrated information should reflect phenomenology rather than physical input to the system.

- Can structure of integrated information discriminates different percepts given the same stimulus?
  - Use visual illusions (e.g., backward masking & continuous flash suppression)

## Conscious experience : Hierarchical structure?

Note: each level is not reducible to lower levels



## Conclusions

- Information structure computed from the ECoG electrodes in the FFA areas naturally categorizes conscious phenomenology of faces in masked and unmasked conditions
- Information structure based on phi\* (based on either partitions or magnitudes) outperforms those based on I or H (matched in dimensionality).

## Speculations

- Structure of integrated information =~ qualia?
- Can be compared between sensory modalities
  - Across individuals
  - Across species
- Why does vision feel different from audition?
- What is it like to be a bat?
- Dissolution of the Hard Problem?